

SOCA K-1 L3 THE GRATITUDE GARDEN

Grade: K-1

Competency Area: Social Awareness

Lesson Title: The Gratitude Garden (Lesson #3)

T-SEL Standard: 3.C.1. Students show kindness toward people of all backgrounds and experiences.

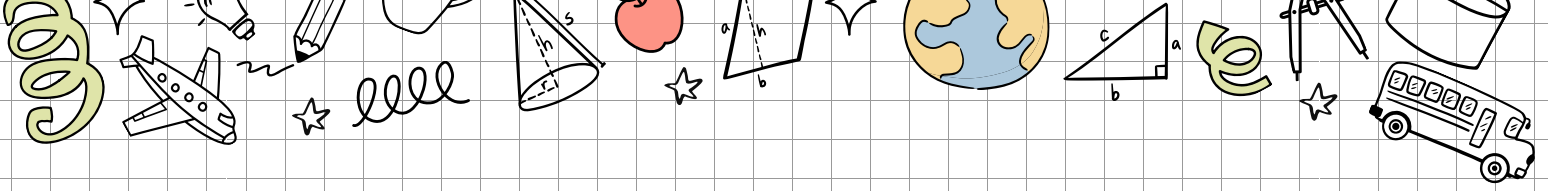
Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

- 1. Introduction:** Begin by gathering students in a circle. Show them the provided picture of a beautiful garden with many different flowers. Ask them what they notice. Invite several students to share their observations aloud. Guide them to see that all the different plants work together to make the garden beautiful. Explain that in our lives, the kindness of others helps us grow and be happy, and we can show thanks by being grateful.
- 2. Drawing Activity: "The Gratitude Garden."** Explain the activity: "Today, you are going to draw a picture of someone or something that you are grateful for."
 - Students form two concentric circles, an inner circle and an outer circle.
 - The students in the inner circle will draw a picture of someone or something they are grateful for.
 - The students in the outer circle ask "Who or what are you grateful for?"
 - Students share their drawings and explanations with their partner.
 - The outer circle rotates one step to the right, and the process is repeated with a new partner. With each turn, alternate which circle draws and which circle asks the question.





SOCA K-1 L3 THE GRATITUDE GARDEN (CONT.)

