



## SOCA 4-6 L4 KINDNESS KOUNTS

**Grade:** 4-6

**Competency Area:** Social-Awareness

**Lesson Title:** Kindness Kounts (Lesson #4)

**T-SEL Standard:** 3.B.2. Students show empathy and compassion for others.

**Duration:** 20 minutes

**Materials Needed:** ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

### **Lesson Directions:**

- 1. Introduction:** Begin by asking the students to think of a time that they were having a hard time and someone helped them out and showed kindness. Maybe they were feeling sad or upset. Invite several students to share their stories aloud. Next, ask them to think of a time that they noticed someone else having a hard time and did or said something to show kindness to someone else. Invite several students to share their stories aloud.
- 2. Drawing Activity: "Kindness in Action."** Explain the activity: "Today, you will think about how our actions and words can show kindness to other people when they are having a hard time."
  - Instruct students to get out their backpacks and drawing materials.
  - Next, tell students to draw a picture on their backpack that shows a time someone said or did something to show kindness to them.
  - After they have finished their drawings, invite several students to stand up, share their backpack drawing, and tell the rest of the students about their drawing.
  - Instruct students to erase their backpack drawings and draw a new picture. This time they should draw a time that they did something kind or said something kind to someone else who was having a hard time. After they have finished their drawings, invite several students to stand up, share their backpack drawing, and tell the rest of the students about the drawing.
- 3. Sharing:** Instruct students to walk around the room and find five other students to high five and say something kind to. They could say "have a great afternoon, you are awesome, you are really cool," etc.

