

SM 4-6 L3 MY GOAL-SETTING BLUEPRINT

Grade: 4-6

Competency Area: Self-Management

Lesson Title: My Goal-Setting Blueprint (Lesson #3)

T-SEL Standard: 2.F.3. Students identify and work toward incremental personal and collective goals in pursuit of longer-term, achievements. Students identify and commit to roles in achieving collective goals. Students begin to examine how to balance personal and collective goals.

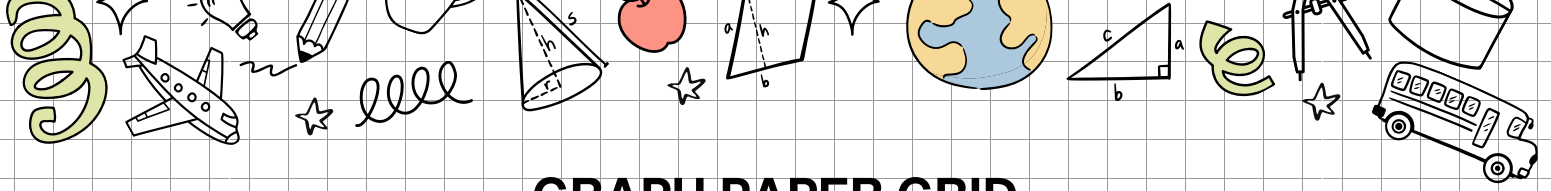
Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

- 1. Introduction:** Begin by gathering students in a circle. Instruct students to turn and talk to a partner about what an architect is. Allow time for students to do their pair-share. Then, invite several students to share aloud. Next, explain that an architect creates a special drawing called a blueprint to plan out a building. Project the provided blueprint example on the board. Ask students what they notice about the blueprint. Call on several students to share their thoughts aloud. Then explain that a blueprint shows the big picture and all the small steps needed to get there. Today, we're going to create a Goal-Setting Blueprint to help us plan for a goal we want to achieve.
- 2. Drawing Activity: "My Goal-Setting Blueprint."** Explain the activity: "Today, you'll draw a blueprint for a goal, showing all the steps and tools you'll need to get there."
 - Provide each student with a copy of graph paper.
 - Instruct students to place the paper into their backpack so they have a grid template to work from.
 - Divide students up into small groups of 3-5 students. In small groups have students brainstorm potential goals they would like to achieve. These can be goals for in school or outside of school. Tell students they can use their backpacks to make a list of goals.
 - After students have come up with a list of goals, instruct them to create a blueprint on their backpack of how they will achieve their goals. Encourage them to be creative on how they represent their plan.
- 3. Sharing:** Once students have completed their blueprint for their goal, have a group discussion. Go around the group and ask each student to share their goal aloud. As they share, write down goals on the board or chart paper for all students to see.





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