

SM 2-3 L3 MY GOAL MAP

Grade: 2-3

Competency Area: Self-Management

Lesson Title: My Goal Map (Lesson #3)

T-SEL Standard: 2.F.2. Students identify short- and longer-term personal and collective goals that are meaningful to them and demonstrate strategies that work for them to achieve those goals.

Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

1. **Introduction:** Begin by gathering the students in a circle. Provide each student with a copy of one of the mazes provided in this lesson. Instruct students to place the maze in their backpack and use the chalk marker to solve the maze.
 - After the students complete the maze, bring the group back together.
 - Tell students that a maze is like a map. Ask students what a map helps us do.
 - Invite several students to share aloud and reiterate that a map helps us find our way to a specific place.
 - Explain to students that today they are going to think about a goal they would like to accomplish.
 - Ask students to think about one goal that they want to accomplish. Instruct students to turn and tell a partner the goal that they are thinking about. Then ask several students to share their goals aloud to the whole group.
2. **Drawing Activity: "My Goal Map"**
 - Provide each student with a copy of the My Goal Map worksheet. Instruct students to place the paper into the back of their backpack.
 - The first step is to write their goal in the treasure chest. Examples: earning a good grade, learning a sport, being a kinder friend, or saving money for a toy.
 - Starting at the house students should think about three things they will need to do to accomplish their goal. Students can use words or drawings to represent each thing they need to do or each step they need to take.



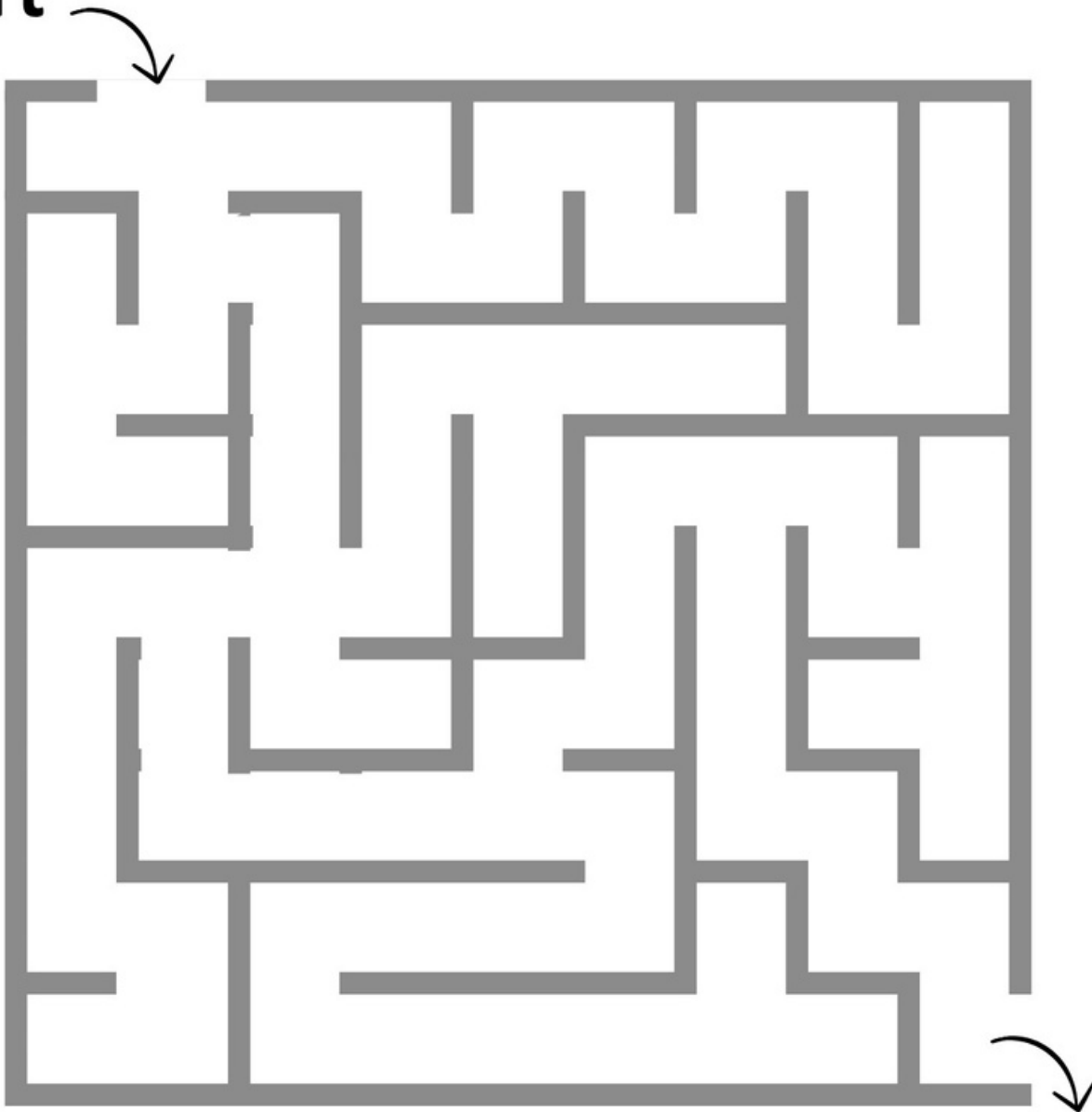
SM 2-3 L3 MY GOAL MAP (CONT.)

3. **Sharing:** After students have completed their map, bring the group back together. Tell students that they are going to share out in one choral voice their goals and their steps.

- Say to the students “**What is your goal?**” and have all students say their goals at once together.
- Then say and hold up one finger “Step 1” and have all students say together what their first step is to reach their goal. Repeat the process for steps 2 and 3.

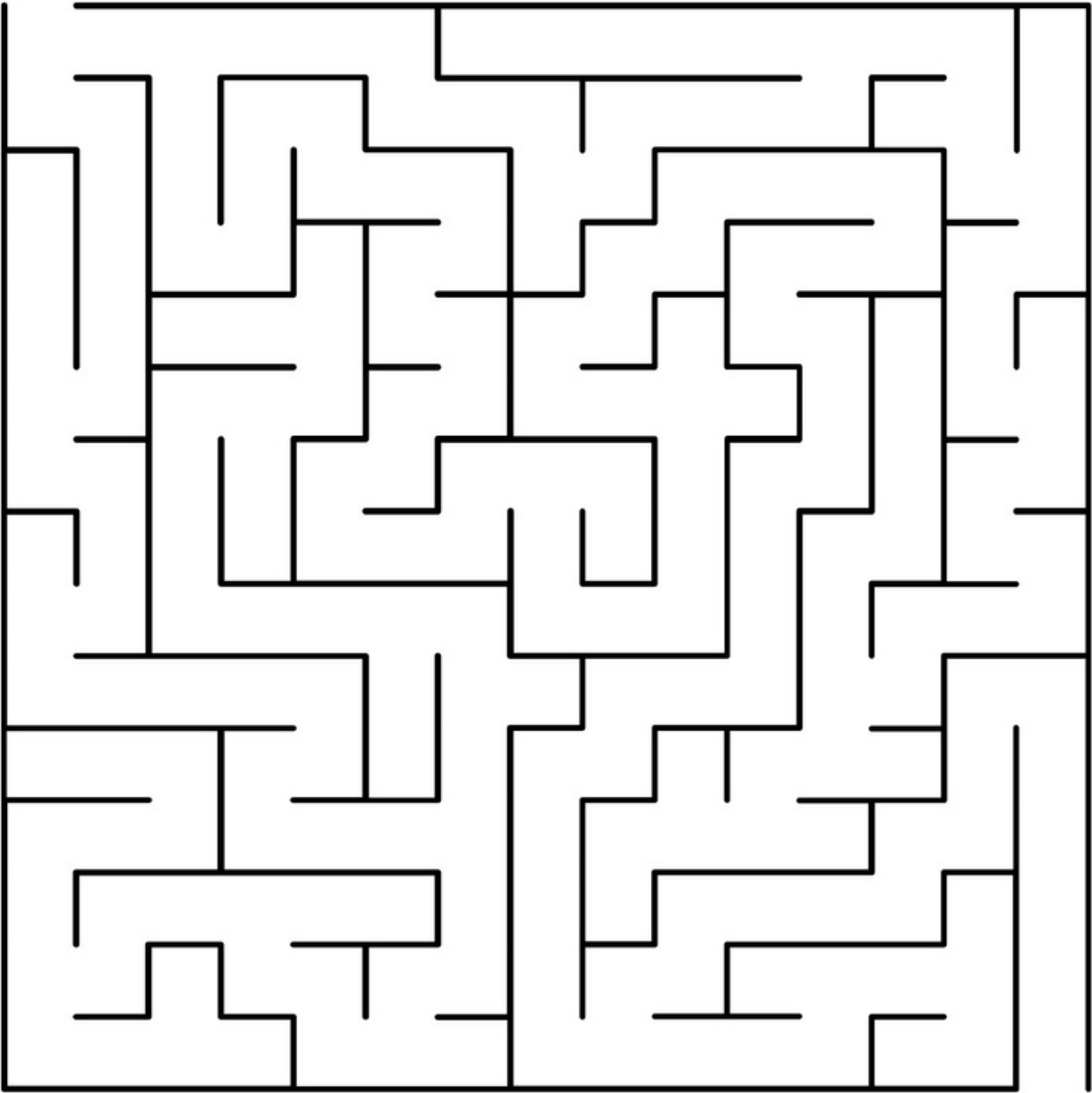
End the lesson by reminding students that their Goal Map is a special tool to help them stay focused on their goals and achieve them, one step at a time.

Start



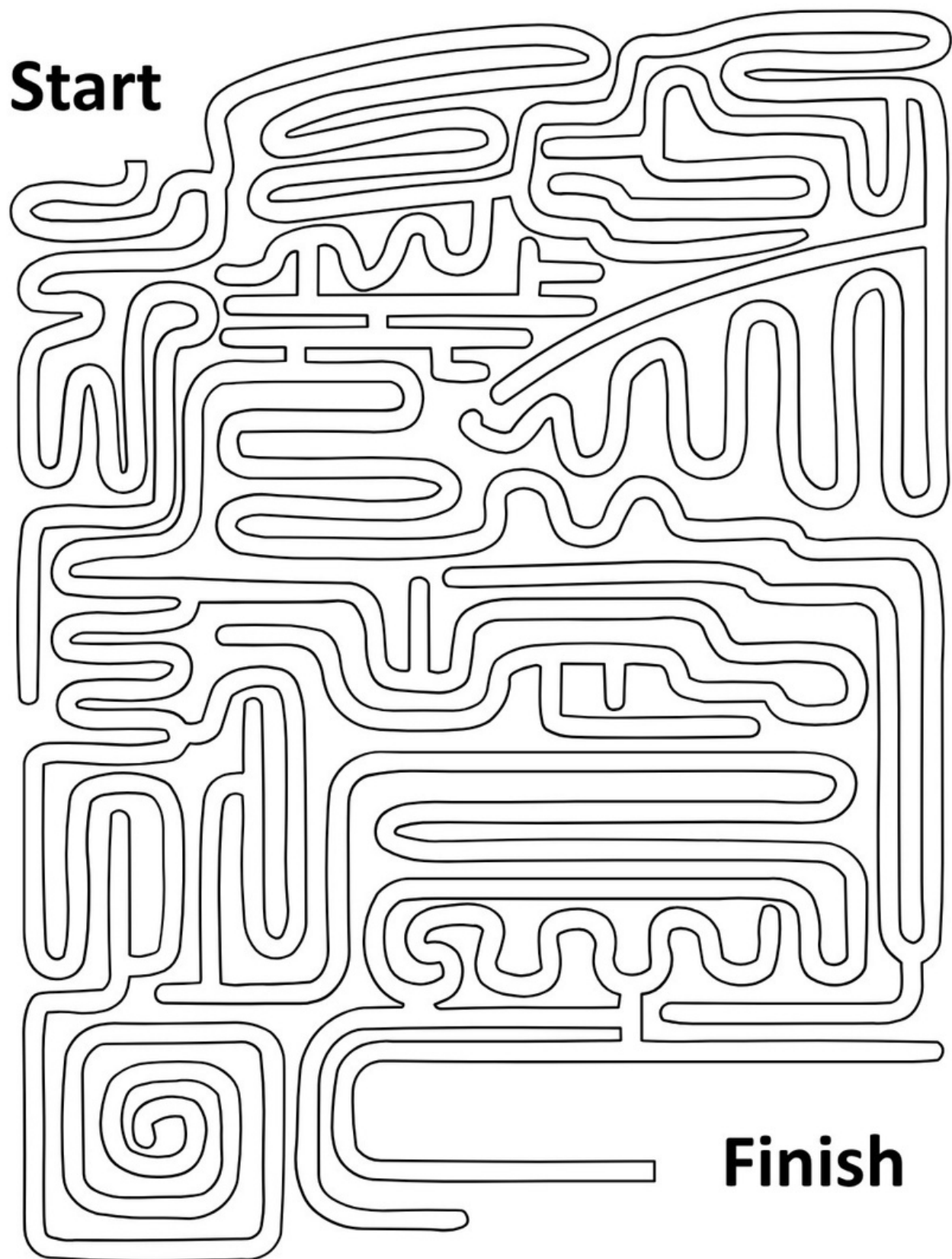
Finish

Start



Finish

Start



Finish

My Goal Map

