



SA K-1 L4 MY SUPERPOWER!

Grade: K-1

Competency Area: Self-Awareness

Lesson Title: My Superpower! (Lesson #4)

T-SEL Standard: 1.A.1. Students name their personal characteristics

Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

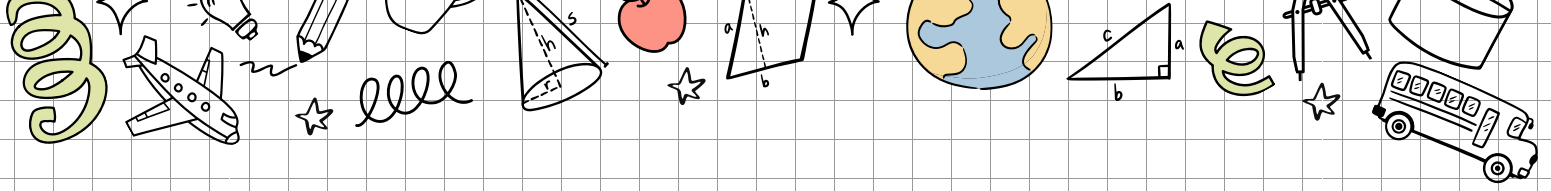
1. Introduction: Begin the lesson by sitting with the students in a circle. Ask them "Who can name something you are really good at?" Invite several students to share aloud. As students share, write down student strengths on the board or chart paper for everyone to see. Explain to students that the things we are really good at are like our own superpowers. Explain that everyone has different superpowers.

2. Drawing Activity: "My Superpower"

- **Instruct students to take out their backpacks and markers.**
- **Explain to students that they are going to draw a picture of themselves to show one of their superpowers, something they are really good at.**
- **Allow time for students to draw.**

3. Sharing:

- After the drawings are complete, have the students return to sit in the circle.
 - Explain to students that they are going to play a game to guess what everyone's superpower is. Share that students will have a chance to act out their superpower, like in a game of charades, and everyone else will try to guess what the superpowers are. Provide the following directions:
 - Invite one student at a time to come to the front.
 - Have the student silently act out their superpower.
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SA K-1 L4 MY SUPERPOWER! (CONT.)

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- Allow them to call on three students to make guesses.
- If no one guesses correctly after three tries, the student can proudly reveal their superpower and show their drawing on their backpack.
- Continue to play as time allows, repeating the process with as many students as are interested in sharing and as long as time permits.

