



SA 4-6 L4 DON'T JUDGE A BOOK BY ITS COVER

Grade: 4-6

Competency Area: Self-Awareness

Lesson Title: Don't Judge a Book by its Cover (Lesson #4)

T-SEL Standard: 1.D.3. Students begin to identify their prejudices and biases and how those might impact their behaviors toward others related to being inclusive or exclusive.

Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

1. **Introduction:** Gather students in a circle. Ask them to raise a quiet hand if they have ever heard the phrase "Don't judge a book by its cover." Next, ask students what the phrase means. Call on several students to share their ideas aloud. Then recap for students by saying that this phrase means that you shouldn't decide what someone or something is like just by how it looks on the outside.

Ask students to raise a quiet hand if they have ever felt like someone has judged them before getting to know them. Allow time for students to raise their hands. Next, instruct students to turn and talk to a partner about why some people might judge others without getting to know them. After students have had a minute or two to talk with a partner, bring the students back together. Invite several students to share their ideas aloud.

2. **Drawing Activity: "Don't Judge a Book by Its Cover"**

- Provide each student with a copy of the Don't Judge a Book By Its Cover worksheet. Direct students to place it in the back of their backpack.
- Instruct students to draw a self-portrait on the page that represents the book cover and to then use words/drawings on the first page of their book to show things about themselves that people don't know just by looking at them from the outside.





SA 4-6 L4 DON'T JUDGE A BOOK BY ITS COVER (CONT.)

3. Sharing:

- Instruct students to move safely around the room wearing their backpacks. Tell them to find four peers and share the cover of their book. Once they have shared their book cover with four students, they will sit back down in their original spot.
- Once all of the students have returned to sit in their original spots, instruct them to get up again and move around the room. This time they will find four different students to share the first page of their books with.



