



RSK K-1 L2 APOLOGY REFLECTION

Grade: K-1

Competency Area: Relationship Skills

Lesson Title: Apology Reflection (Lesson #2)

T-SEL Standard: 4.F.1. Students can effectively apologize by recognizing what happened and owning their own actions.

Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + 12-color chalk markers + terry cloth

Lesson Directions:

1. **Introduction:** Gather the students in a circle and ask students if they have ever had their feelings hurt by a friend. Instruct students to place a hand on their heart if they have ever had their feelings hurt. Then ask students if they have ever said or done something that accidentally hurt the feelings of another person. Instruct students to place their hand on their heart if so. Ask the students, "When you hurt someone's feelings, what is something you can say to them to apologize?" Allow time for several students to share their responses aloud.

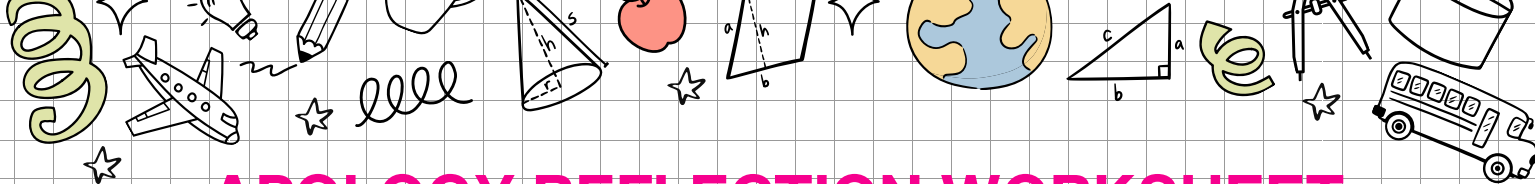
2. Drawing Activity: "Apology Reflection"

- Provide each student with a copy of the Apology Reflection worksheet.
- Instruct students to place the worksheet into the back of their backpack.
- Have students think of a time that either they hurt someone else's feelings or someone hurt their feelings.
- On the left side of the worksheet, have students draw a picture of what happened and how they felt. On the right side, students should draw a picture of how they felt after they apologized, or after their friend apologized to them.

3. Sharing:

- Ask for volunteers to share their apology reflections. Students who share can stand in front of the other students with their backpack to show them their drawings and explain the situations.





APOLOGY REFLECTION WORKSHEET

What happened? How did you feel when it happened?

How did you feel after the apology?

