

RSK 2-3 L2 THE "I FEEL" ART PIECE

Grade: 2-3

Competency Area: Relationship Skills

Lesson Title: The "I Feel" Art Piece (Lesson #2)

T-SEL Standard: 4.C.2. Students identify why they are grateful for the people in their lives.

Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

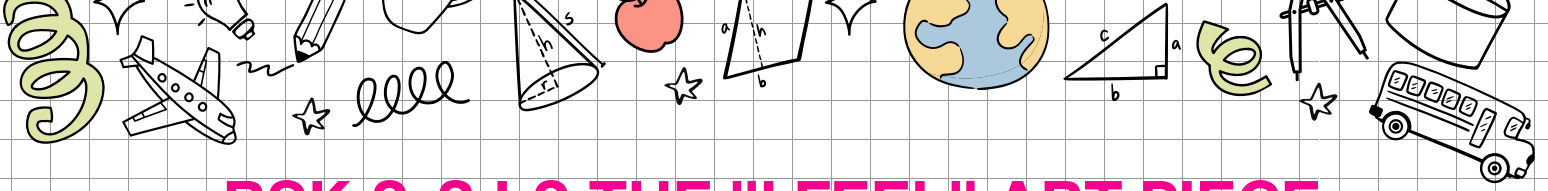
1. Introduction: Have all students sit or stand in a circle so everyone can see each other.

- Ask students to make a facial expression that shows how they feel when they are having fun with their friends.
- Allow a moment for everyone to share their expressions and notice how others look when they're happy.
- Next, ask students to make a facial expression that shows how they feel when they are not having a good time with friends.
- Give time for students to share their expressions again.
- Explain that when we are with kind and caring friends, it usually makes us feel good and happy inside.

2. Drawing Activity: "The 'I Feel' Art Piece"

- Explain to the students that you are going to read aloud a series of scenarios.
- Tell students that when you read the scenarios, the students should draw on their backpack how they would feel in each scenario. After each drawing, students can hold their backpacks up so everyone can see their feeling drawing.
- Read the following scenarios:
 - *You and your friends start a fun game at recess, and everyone is laughing and taking turns.*
 - *You are feeling sad and your friend cheers you up.*
 - *You and your classmates are building a tower with blocks. Everyone listens and helps each other build it taller.*





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- *A new student joins your class, and you become friends.*
- *You and your friends win a soccer game.*

3. **Sharing:** Gather students together in a circle and facilitate a discussion using the following prompts: “**What can we do to help our friends feel happy at school?**” and “**How can we be kind friends every day?**” Wrap up the discussion by reminding students that friendship makes our hearts happy. When we share, include others, and show kindness, we help make school a caring and joyful place for everyone.

