



RSK 2-3 L1 THE FRIENDSHIP RECIPE

Grade: 2-3

Competency Area: Relationship Skills

Lesson Title: The Friendship Recipe (Lesson #1)

T-SEL Standard: 4.C.2. Students identify characteristics of friends

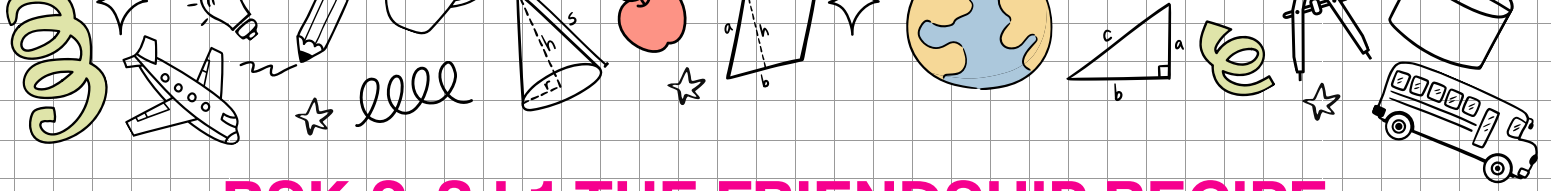
Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

1. **Introduction:** Gather the students in a circle and instruct them to think of one of their favorite foods. Allow time for each student in the circle to share their favorite food aloud. Then ask students to think about what makes their favorite food taste so good. Invite several students to share. After students have shared aloud, explain that friendships are a lot like recipes—they have special ingredients that make them healthy and good.
2. **Drawing Activity: "The Friendship Recipe"**
 - Begin by asking students to share aloud what makes a good friend.
 - As students share their ideas, make a list on the board or chart paper for all students to see. Potential student-generated ideas might include: kindness, sharing, trust, being funny, being honest, or others.
 - After students have shared their ideas, explain that just like the way different ingredients go into making our favorite foods taste good, lots of different ingredients go into having good friendships.
 - Provide each student with a copy of The Friendship Recipe worksheet. Instruct students to place The Friendship Recipe worksheet into the back of their backpack.
 - Read the worksheet directions and have students complete the task.



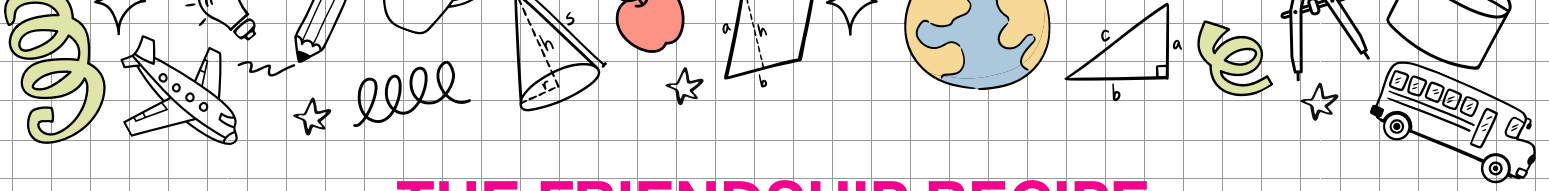


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3. **Sharing:** Have students wear their backpacks on either their backs or their stomachs.

- Instruct students to walk around the room and greet different classmates.
- When two students meet, they each read their “friendship recipe.”
- If a student hears a quality that is also written on their own recipe card, they may cross that quality off.
- Students continue moving and meeting new classmates until they have crossed off all qualities by finding classmates who share those same qualities.





THE FRIENDSHIP RECIPE

Directions: Think about what ingredients make up a good friend. Make a list of the ingredients on the lines below. Then draw a picture of what it looks like to be a good friend.

Friendship Ingredients:

Picture:

