



RD K-1 L2 MY CHOICE FLOWER

Grade: K-1

Competency Area: Responsible Decision-Making

Lesson Title: My Choice Flower (Lesson #2)

T-SEL Standard: 5.G.1. Students can name the likely consequences of their actions with support.

Duration: 20 minutes

Materials Needed: ChalkWild erasable backpack + ChalkWild chalk markers + terry cloth

Lesson Directions:

1. Introduction: Gather students in a circle so that all students can see each other. Explain to them that you are going to read a series of scenarios. For each scenario they will have to choose what they would rather do. If they would like the first choice, they will put one finger up, and if they would choose the second choice, they will put two fingers up.

Read the following scenarios below and allow time for students to select their option.

Would you rather

- #1 share your toys with a friend and play together OR
- #2 keep all your toys to yourself and play alone

- #1 clean up your toys after playing with them OR
- #2 leave the toys all out and not put them away

- #1 be kind to a new student and show them around OR
- #2 ignore the new student and play with your friends

Explain to the students that every day, we make many choices. A responsible decision is a choice that is fair and kind to everyone.





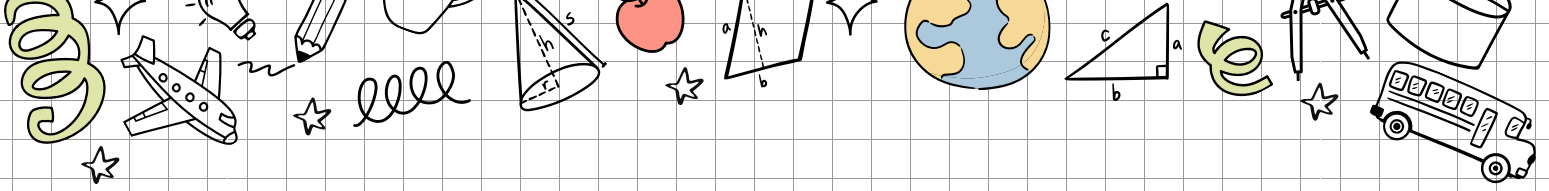
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2. Drawing Activity: "My Choice Flower"

- Provide each student with a copy of the My Choice Flower worksheet and tell students to place the worksheet inside their backpacks so the flower outline is showing.
- Explain that this flower will help them remember how to make good choices.
- Further explain to students that sometimes we have to make tough choices. There are some important things we can always think about to help us make the best choice.
- As a class, think of examples of what to remember when making a choice, such as being kind, showing respect, thinking about others' feelings, and being honest. Record these ideas on the board for students to see.
- Instruct students to choose three ideas from the class's examples that are most important to them. In each flower petal, they will draw a picture or write a word to show each idea.
- After they have filled in the petals with their ideas they can color in their choice flower.

3. **Sharing:** Tell students that you are going to play music. While the music is playing they are to wear their backpacks and safely move around the room. When the music stops they freeze and turn to the person closest to them and share what three things they put in their flower petals for making good decisions. Repeat this process as many times as time allows.





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