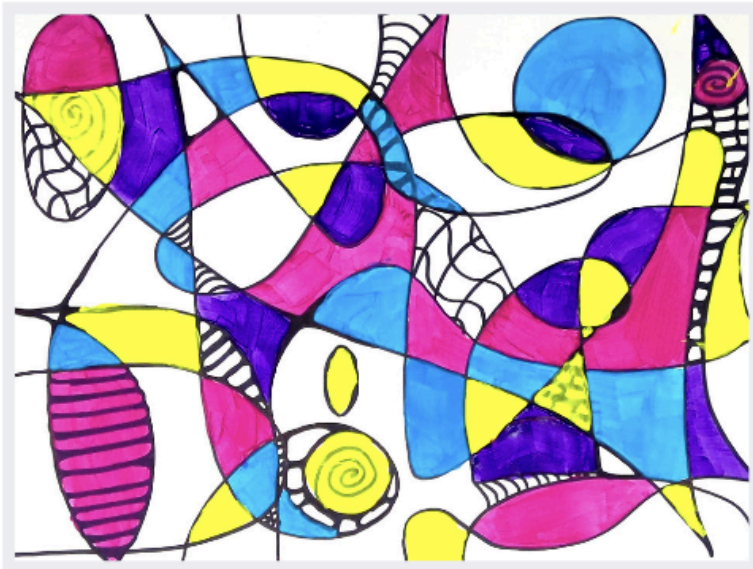


# INTUITIVE LINE DRAWINGS: Lesson Plan



## CALIFORNIA STANDARDS

### CREATING

**3.VA:Cr2.1:** Create personally satisfying artwork using a variety of artistic processes and materials.

**5.VA:Cr1.2:** Identify and demonstrate diverse methods of artistic investigation to choose an approach for beginning a work of art.

### RESPONDING

**3.VA:Re7.1:** Speculate about processes an artist uses to create a work of art.

**5.VA:Re7.2:** Identify and analyze cultural associations suggested by visual imagery.

## DESCRIPTION

Students will learn about art and mindfulness and make an intuitive line drawing. Students will add visual interest, and emotion using shapes, patterns, and colors. Students will display their completed work on their ChalkWild Backpack.

## GRADE LEVEL

3-5

## SUPPLIES AND MATERIALS

- Erasable Liquid Chalk Markers
- ChalkWild Drawable & Erasable Backpack See-Through

## SUPPORTING FLEX MATERIALS

- Guided Drawing Meditation Reference
- Types of Lines Anchor Chart

## LESSON OBJECTIVES

- Students will explore connecting with the mind to create an intuitive line drawing.
- Students will add patterns until the piece is visually satisfying.
- Students will choose a color to convey emotion.

## TEACHING STRATEGIES

- Demonstrate using mindfulness to create an intuitive line, then adding a pattern to create interest.
- Facilitate a discussion about color and emotion, guiding students to purposeful creative decisions.

## CHALKWILD TIPS & TRICKS

- Draw on paper first, then trace onto the see-through backpack cover
- Experiment with both the chisel and round Chalkers tips for drawing and coloring

# INTUITIVE LINE DRAWINGS: Steps

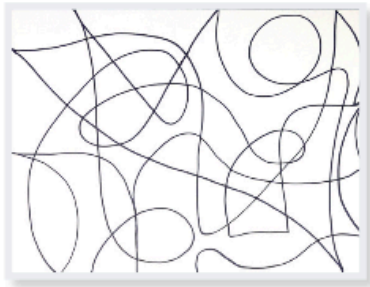
1



## CONNECT ART AND MINDFULNESS

Learn about art and how it connects to mindfulness. Participate in a guided meditation using intuitive drawing.

2



## CREATE A DRAWING

Create an intuitive line drawing. Start and end the line on separate sides of the paper, overlapping, crossing, or intersecting until the design feels weighted and complete.

3



## ADD SHAPES & PATTERNS TO CREATE VISUAL INTEREST

Choose one shape and draw it at least six times, so it overlaps the line drawing. Vary the shape size and direction. Add a pattern to two-thirds of the enclosed spaces.

4



## ADD COLOR TO EVOKE EMOTION

Choose colors that evoke specific emotions. Color inside the enclosed spaces.



## Want More Resources Like This?

This is just one of thousands of on-demand art education resources available in FLEX Curriculum. Scan the QR code to learn more.



## GUIDED DRAWING MEDITATION

Read the following meditation out loud to help guide line drawing.

Clear the mind. Close your eyes and focus on your breath. Take a deep breath in through the nose, then let the breath out through the mouth. Repeat.

Imagine how good it would feel to relax your neck. Imagine what it would feel like if the relaxation was smoothed over the surface of your neck.

Imagine relaxation spreading gently across your forehead...down your nose...over your cheeks...eyelids...lips...chin...

Imagine the relaxation being spread over the surface of your back...over your sides...your chest and stomach...all the way to your hips...

Imagine relaxation on your upper legs...your knees...your lower legs...and your ankles...

Feel the pleasant relaxation on the top of your feet...and then on the bottom of your feet...

Feel your body relaxing from head to toe...so still...so heavy...calm...relaxed...

Feel yourself calming down...sinking deeply into relaxation.

Notice if there are any areas that have not fully relaxed. Imagine applying relaxation to these spots...feel the relaxation absorbing...and the area sinking into warmth and relaxation...

The relaxation is inside your body now...filling you with a sense of peace and calm...relaxed inside and out...calming down...drifting...relaxing

The relaxation flowing through your body also works to calm the mind...allowing you to focus intently with calm and clarity.

With your body relaxed and mind clear, prepare to create your artwork.

# TYPES OF LINES

**Thick and thin**



**Zigzag**



**Wavy**



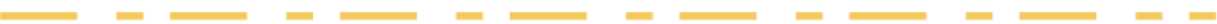
**Scalloped**



**Dotted**



**Dashed**



**Long and short**



**Squiggly**

